

HANGING ROCK, VIC.



# RUN THE ROCK

2019



- S** 13.5K START
- F** 13.5K FINISH
- +** FIRST AID
- WATER STATION
- PUBLIC TOILETS
- 2** KM MARKERS

### 13.5K RUN ELEVATION(m)

ASCENT  
**199m**

DESCENT  
**207m**

