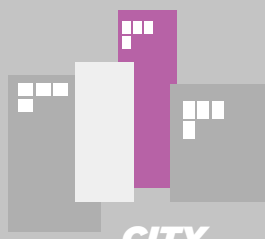


*COURSE SUBJECT TO CHANGE



CITY

FLINDERS ST
FLINDER ST STATION

FED SQUARE

BIRRARUNG MARR

JOLIMONT STATION

WELLINGTON PDE

MCG

4 MEALS

SOUTH BANK

SPEAKERS CORNER

2.5 MEALS

4 PERSON TEAM RELAY TRANSITION

SANDRIDGE BRIDGE

CITY RD

PETTICOAT LN

ALEXANDER GARDENS

5 MEALS

MELBOURNE & OLYMPIC PARKS

SWAN ST BRIDGE

BRUNTON AVE

1 RUN TO FEED TO

ST KILDA RD

LINLITHGOW AVE

BATMAN AVE

OLYMPIC BLVD

RICHMOND STATION

PUNT RD

4 PERSON TEAM RELAY

- 1 MEAL = K MARKERS
- START
- WATER
- TOILETS
- FIRST AID
- RUNNER 1
- RUNNER 2
- RUNNER 3
- RUNNER 4
- FINISH
- RELAY TRANSITION

ROYAL BOTANICAL GARDENS

1 MEAL

2 MEALS

AAMI PARK

MORELL BRIDGE

YARRA TRAIL

ST KILDA RD

ALEXANDER AVENUE

YARRA RIVER

ANDERSON ST

PUNT RD



feed Victoria



Juice bars